

## **The Beginning of the Buck Creek Men's Retreat**

The Buck Creek Men's Retreat was created from a shared desire among a small group of men who felt a growing need for something deeper—a space to step away from the pressures of everyday life and reconnect with purpose, strength, and each other.

In a world where many men are expected to carry their burdens silently, the idea was simple but powerful: What if we created a place where men could just be? A place to breathe. To talk. To laugh. To heal. To reflect. And to grow—not in isolation, but in the company of other men on the same journey.

Nestled in the peaceful forests of Washington State,

## **Buck Creek Retreat Purpose**

offered the perfect setting. Surrounded by tall evergreens, crisp mountain air, and the sound of the nearby creek, the land itself seemed to invite rest and renewal. It wasn't long before the first retreat was born—humble, honest, and life-changing.

There was no flashy agenda. Just men coming together to grow stronger in Alcoholics Anonymous, over shared meals, in breakout sessions, and in moments of quiet reflection. From these weekends, bonds were formed, walls came down, and lives began to shift. What started as a small gathering soon became a sacred annual tradition.

Each year, the Buck Creek Men's Retreat continues to grow—welcoming men from all walks of life. Some come seeking clarity. Others, connection. Some just need a break from the noise. Whatever the reason, they leave with something more: a renewed sense of direction, deeper friendships, and a

reminder that they are not alone.

This retreat is for all men—fathers, sons, brothers, leaders, seekers, and survivors. There's no mold to fit into here. Just an open space to be real, to be grounded, and to be whole.