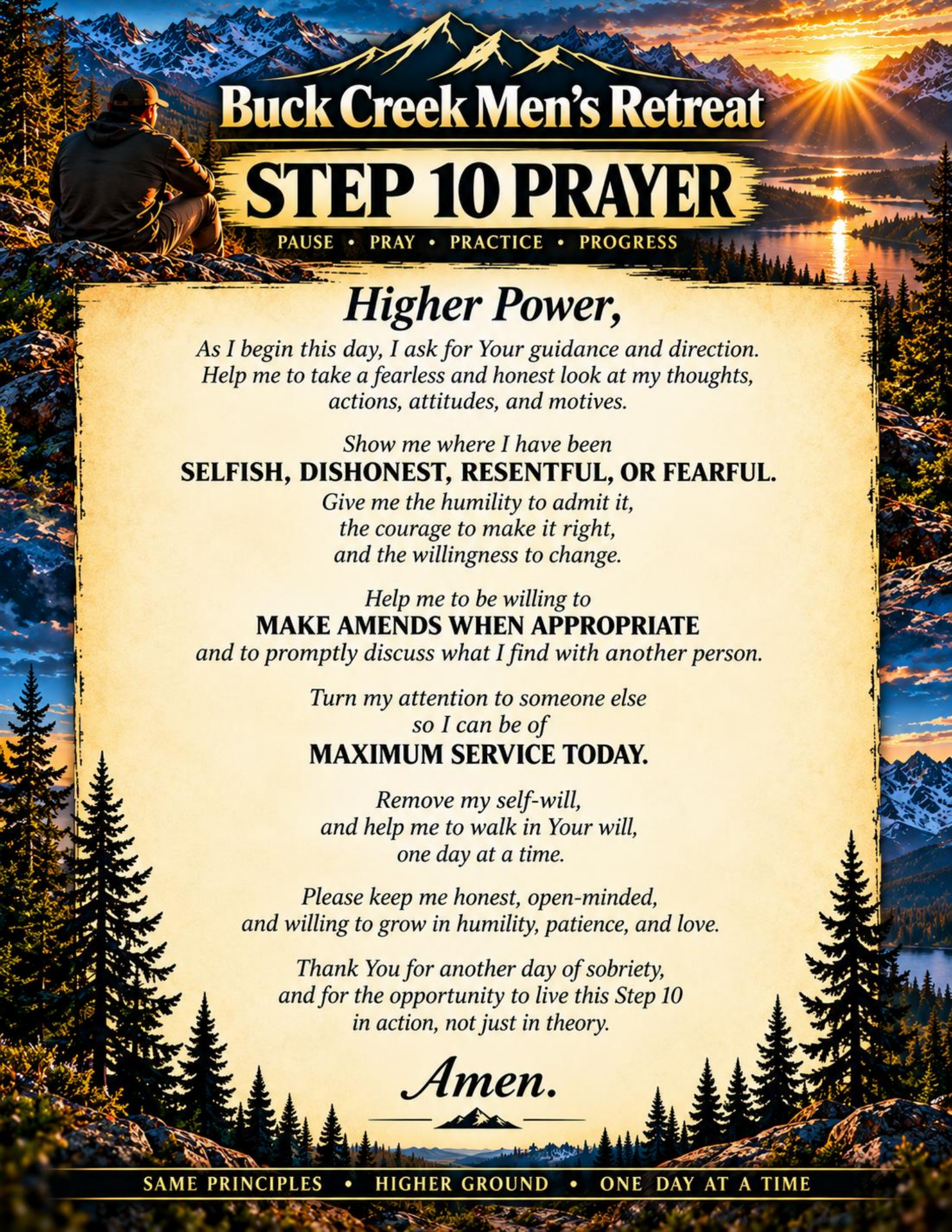

Buck Creek Men's Retreat
STEP 10 PRAYER
PAUSE • PRAY • PRACTICE • PROGRESS
Higher Power,
As I begin this day, I ask for Your guidance and direction.
Help me to take a fearless and honest look at my thoughts,
actions, attitudes, and motives.
Show me where I have been
SELFISH, DISHONEST, RESENTFUL, OR FEARFUL.
Give me the humility to admit it,
the courage to make it right,
and the willingness to change.
Help me to be willing to
MAKE AMENDS WHEN APPROPRIATE
and to promptly discuss what I find with another person.
Turn my attention to someone else
so I can be of
MAXIMUM SERVICE TODAY.
Remove my self-will,
and help me to walk in Your will,
one day at a time.
Please keep me honest, open-minded,
and willing to grow in humility, patience, and love.
Thank You for another day of sobriety,
and for the opportunity to live this Step 10
in action, not just in theory.
Amen.
SAME PRINCIPLES • HIGHER GROUND • ONE DAY AT A TIME